



**AYSA SUMMER REC LEAGUE  
2022**

**Birth Year Guidelines**

<b>AGE GROUP</b>	<b>BIRTH YEAR</b>
<b>U12</b> (U10-U12 players)	2012-2010
<b>U15</b> (U13-U15 players)	2009-2007
<b>U19</b> (U16-U19 players)	2006-2003

**Tentative Play Nights**

<b>AGE GROUPS</b>	<b>PLAYING NIGHTS</b>
U12	Tuesday/Thursday
U15	Monday/Wednesday
U19	Tuesday/Thursday/Sunday