

My kid has never played soccer before. Can they play in this league?

Yes! This is a recreational level league. All players of all skill levels are welcome! We follow national recreational rules which mean all players play at least half of each game. We want all those that want to try soccer to be able to have a positive experience.

How do I know who to sign up with? If the team is full at my player's age group in my neighborhood, can I still register them somewhere else?

You can choose any club that's closest to your address/school. If you need help picking which club/neighborhood to play with, contact AYSA. Players are welcome to register for any club that has openings available or for the club that works best for your family situation. You do not have to play in your neighborhood.

Why is the birth year chart so weird? Does my 7 year old really have to play on a "U10" team?

AYSA follows the US Youth Soccer birth year calendar which follows the yearly calendar instead of school year calendar. That means your child is placed in the age group based on how old they will turn by the end of the current year. So, if your player is 7 on August 1st but turns 8 by December 31st, that means they will play in the "Under-10" age group. This age group consists of players turning 8 or 9 years old in 2025. Every age group is set up with only two years of players.

My player's friends are registered for U10, but my player fell into the U12 age group, can they play down with them?

No. We do not allow players to play down an age level. However, most clubs do allow players to play up an age level so your player's friends/family could register to play at the U12 level with your player. Contact your club coordinator when you register to make sure this is an option. Do not wait until teams are already formed.

There are small exceptions to this rule depending on physical and/or mental disabilities. Please contact AYSA if you have more questions – info@arrowheadsoccer.com.

My player has played a lot of soccer and wants to play up an age level for more of a challenge or play up with their sibling/friend. Can we sign up for an older team?

In most cases, yes. If you have a player that would benefit from playing in the next older age group, contact your club coordinator right after you register to make sure that it is an option. Some registrations even have this question listed in the registration form. Make sure you contact your club coordinator before teams are created. Not all clubs accept these types of requests.

How can I sign up to coach/help with my club?

You can register your player first and then send an email to your club coordinator. They are ALWAYS looking for volunteer coaches or help to line fields, organize uniforms, etc.

We decided not to play this year. Can I get a refund?

Every neighborhood/community club is different when it comes to refunds. It can depend on when you ask for your refund as well. Contact the club you registered with directly to find out what their refund policy is.

When is the season?

The season runs August 1st through the end of September. The U12 and U14 age groups may go into early October for playoffs.

How many games/practices will we have?

For the U6 and U8 age groups, we try and schedule only one game a week. For U10, U12, and U14 age groups, we try to schedule 1-2 games a week. Practices can vary because they are usually scheduled by the individual club coach. Most teams practice once a week.