

NORTHERN LEAGUE DIRECTORY

last updated 5/7/2025

CLOQUET

TEAM	LEAGUE	COACH	PHONE	EMAIL	ASSITANT COACH OR MANAGER	PHONE	EMAIL
Cloquet 10B	N2	Amy Kunze	(218) 348-5271	Onefancycash@yahoo.com	James Kunze		
Cloquet 10G2	N2	Michelle and Neil Schleret	(218) 390-9759	mmschleret@gmail.com	Cody Price		
Cloquet 11B	N1	Brandon Jones	(559) 231-2677	flmustardseed@gmail.com			
Cloquet 13B	N1	Joe Ruhnke	(510) 517-3875	jruhnke21@gmail.com	LaRae Lehto Amber Ward	(218) 343-8782 x	llehto13@gmail.com x

DENFELD

TEAM	LEAGUE	COACH	PHONE	EMAIL	ASSITANT COACH OR MANAGER	PHONE	EMAIL
Denfeld Duluth 10B 1	N2	John Reich	(218) 340-8109	jreich8@hotmail.com			
Denfeld Duluth 10B 2	N2	Michelle Foshay	(510) 593-3756	michellefoshay@gmail.com			
Denfeld Duluth 10B 3	N2	Eric Two Rivers	(218) 464-6889	ravenjuices@gmail.com			
Denfeld Duluth 10G 1	N2	Patrick Schultz	(715) 828- 9118	pschultz8838@gmail.com			
Denfeld Duluth 10G 2	N2	Molly Nett	(218) 256-1465	mollyehnett@gmail.com			
Denfeld Duluth 12B	N2	Frank Bucar	(218) 590-6894	colkurac@yahoo.com			
Denfeld Duluth 12G	N2	Nikki Olson	(541) 760-5517	nikkiolson@gmail.com	Terry Milich	(218) 606-0250	wosme002@gmail.com
Denfeld Duluth 15B	N2	Sean Koos	(218) 206-0859	koosman68@hotmail.com			

EAST SELECT

TEAM	LEAGUE	COACH	PHONE	EMAIL	ASSITANT COACH OR MANAGER	PHONE	EMAIL
ESS 9B Red	N1	Steve Polkowski	(218) 464-7009	houndssoccercoach@gmail.com	Lisa Juten Kate Beresford	(218) 591-9594 (801) 608-7886	ljuten@gmail.com katestep0123@yahoo.com
ESS 9B Black	N1	Ryan Grenberg	(218) 464-8133	rgrenberg@css.edu	Sarah Grenberg Kaitlin Larson	(218) 341-0042 (612) 708-8355	sarahgrenberg@gmail.com kaitlinmlarson@gmail.com
ESS 9B White	N1	Lucy Stevenson	(218) 216-4478	lucy.m.stevenson@gmail.com	Rebecca Schmidt	(218) 590-7506	bschmidt68@gmail.com
ESS 9G Red	N1	Roni Rudolph	(218) 728-0405	Ronirudy@gmail.com	Jane Mars	(218) 348-4332	jane.mars.24@gmail.com
ESS 9G Black	N1	Chloe Schafer	(218) 491-5731	cschaefer001@csbsju.edu	Katie Johnson Katie Albert	(218) 310-2254 (218) 340-0746	khaslerud@gmail.com kbalbert2230@gmail.com
ESS 10B Red	N1	Kady Pedroza	(507) 848-3556	kadypedroza01@gmail.com	Miranda Schoenecker	(651) 343-6265	miranda.schoenecker@gmail.com
ESS 10B Black	N1	Kenna Karshbaum	(763) 337-3079	karsh014@d.umn.edu	Sharon Scheidel Jamie Messina	(218) 260-0093 (218) 341-3716	sharon.scheidel@gmail.com jamiemessina422@gmail.com
ESS 10G Red	N1	Lucy Stevenson	(218) 216-4478	lucy.m.stevenson@gmail.com	Brittany Hilleren	(612) 968-5639	brittany.jarvi@gmail.com
ESS 10G Black	N1	Eva Snellman	(218) 730-6516	evasnellman1@gmail.com	Kristin Montgomery	(218) 590-4909	kristinmontgomery99@gmail.com
ESS 11B Red	N1	Shawn Roed	(218) 730-6365	roedwarrior13@gmail.com	Cortney Duffy Jason Goulet	(612) 910-1653 (218) 590-0626	corrydel@yahoo.com jgoulet218@gmail.com
ESS 11G Red	N1	Olivia Stewart	(920) 410-9863	stewartolivia13@gmail.com	Melissa Frank	(360) 292-5163	melissafrankdvm@gmail.com
ESS 11G Black	N1	Kady Pedroza	(507) 848-3556	kadypedroza01@gmail.com	Andrea Mackie	(952) 239-5316	mackie_am@hotmail.com
ESS 12B Red	N1	Neil Wilmot	(218) 464-7436	nwilmot14@hotmail.com	Susan Midlo Kate Beresford	(612) 940-9928 (801) 608-7886	susan.midlo@gmail.com katestep0123@yahoo.com
ESS 12G Red I	N1	Steve Polkowski	(218) 464-7009	houndssoccercoach@gmail.com	Jamie Knutson	(612) 202-3056	knutson.jamie@gmail.com
ESS 12G Red II	N1	Cass Welhouse	(920) 470-8366	crwelhouse@gmail.com	Dani Davis	(218) 349-7410	danidavis13rn@gmail.com
ESS 12G White	N1	Maddie Haas	(763) 400-0895	maddiehaas37@gmail.com	Melissa Frank	(360) 292-5163	melissafrankdvm@gmail.com
ESS 13B Red	N1	Corrado Rosato	(218) 341-0749	rosato.corrado@gmail.com	Brianna Halvorson	(651) 592-3067	halvorson.brianna@gmail.com

ESS 13B Black	N1	Neil Wilmot	(218) 464-7436	nwilmot14@hotmail.com	Jamie Messina	(218) 341-3716	jamiemessina422@gmail.com
ESS 13G Red	N1	Olivia Stewart	(920) 410-9863	stewartolivia13@gmail.com	Lisa Juten	(218) 591-9594	ljuten@gmail.com
ESS 13G Black	N1	Kenna Karshbaum	(763) 337-3079	karsh014@d.umn.edu	Holly Kassing	(612) 978-2972	hollykassing@gmail.com
ESS 14G	N1	Corrado Rosato	(218) 341-0749	rosato.corrado@gmail.com	Abby Norton	507-313-9086	abbymnorton@gmail.com
ESS 14B Black	N1	Cass Welhouse	(920) 470-8366	crwelhouse@gmail.com	Holly Kassing	(612) 978-2972	hollykassing@gmail.com

GITCHI GUMMI

TEAM	LEAGUE	COACH	PHONE	EMAIL	ASSITANT COACH OR MANAGER	PHONE	EMAIL
Gitchi Gummi 9G Green	N1	Ryan Conklin	(218) 310-5600	copa4316@hotmail.com	Sarah James	(218) 310-9169	melc16@hotmail.com
Gitchi Gummi 11B White	N1	Charlie Forsyth	(218) 393-4310	cforsyth@saturnsys.com	Mandy Nistler	(218) 393-3945	mjnistler@gmail.com
Gitchi Gummi 11G Blue	N1	Lenny Conklin	(218) 393-4631	conzac99@yahoo.com	Dan Hurley	(218) 343-2312	danhurley79@yahoo.com
Gitchi Gummi 12B Prem	N1	Chad Kresky	(218) 428-0874	chad.kresky@yourbind.com	Nikki Kresky Josh Elder	(218) 260-1720 (218) 341-9672	nikkiniemi@yahoo.com josh_elder@hotmail.com
Gitchi Gummi 12B Green	N1	Fabian Andrade		fandrade@css.edu	Cassie Wirth	(218) 721-2771	cassiewirth@gmail.com
Gitchi Gummi 12G Green	N1	Tyler Dimler	(507) 271-4605	dimdims15@gmail.com	Becky Dimler	(218) 393-7503	bsullivan923@gmail.com

GRAND RAPIDS AREA

TEAM	LEAGUE	COACH	PHONE	EMAIL	ASSITANT COACH OR MANAGER	PHONE	EMAIL
Grand Rapids Area 12B1	N1	Sean Martinson	218-259-3129	seanmartinson@gmail.com			
Grand Rapids Area 12B2	N2	Sean Martinson*	218-259-3129	seanmartinson@gmail.com			
Grand Rapids Area 12G1	N1	Victoria Close*	651-246-1543	torihogendorf65@gmail.com	Brian Peterson*	218-259-6170	brian.peterson@shims.com

Grand Rapids Area 12G2	N2	Lindsey Holsman*	218-255-3146	lindsey.holsman@gmail.com	Brian Peterson*	218-259-6170	brian.peterson@shims.com
Grand Rapids Area 14B1	N1	Levi Christiansen	218-259-6960	sledge382@gmail.com			
Grand Rapids Area 14B2	N1	Andrew Downing	218-398-1960	andrewdowningmusic@gmail.com			
Grand Rapids Area 14G	N1	Joel Cargill	218-259-6170	brian.peterson@shims.com	Brian Peterson	218-259-6170	brian.peterson@shims.com

HERMANTOWN

TEAM	LEAGUE	COACH	PHONE	EMAIL	ASSITANT COACH OR MANAGER	PHONE	EMAIL
Hermantown 9B	N2	Jordyn Prigge	(952) 693-5443	jordyn.prigge@gmail.com	Tim Fellman	(218) 340-2398	fellman1124@gmail.com
Hermantown 10B Blue	N1	Ryan Johnson	(218) 760-1265	johnson.ryan.michael@gmail.com	Brackin Miggins	(218) 213-7409	Reagon9@aol.com
Hermantown 10B Gold	N2	Aidan Moore	(906) 262-1574	aidanmoore03@gmail.com	Lucas Faria Nicholas Eastvold (M)		
Hermantown 10G	N2	Jaiden Hogan	(218) 428-0283	jaiden.hogan237@gmail.com	Alexis Launderville Jillian Hogan		alexislaunderville14@gmail.com jillian.hogan1013@gmail.com
Hermantown 11G Blue	N1	Lilly Critchley	(218) 343-4927	Lillian.Critchley@icloud.com	Addyson Rapp Jenny Mikes (M)	(218) 721-2095 (817) 291-2587	addysonrapp@gmail.com jenjen1505@aol.com
Hermantown 11G Gold	N2	Ellie Fournier	(218) 398-3097	eloisa.fournier@gmail.com	Cathrine Bastin	(218) 409-4711	bastincn@gmail.com
Hermantown 12G	N1	Isabelle Tokvam	(218) 391-8533	isabelle.may.t@gmail.com	Ellie Fournier	(218) 398-3097	eloisa.fournier@gmail.com
Hermantown 12B Blue	N1	Jacob Krois	(218) 491-5629	gitchsoccer12@gmail.com	Andrew Goman Nicole Clover (M)	x (218) 780-6605	x clovnik@yahoo.com
Hermantown 12B Gold	N2	Jesse Dunsmoor	(218) 730-7052	kjdunsmoor@gmail.com	Matthew Crowther	(970) 291-1311	matthew.john.crowther@gmail.com
Hermantown 13G	N1	Katie Borndal	(218) 391-1744	kborndal@isd700.org	Melissa Kaneski	(218) 940-1335	black.melissa@rocketmail.com
Hermantown 13B	N1	Aaron Shartin- Folkert	(715) 222-0566	ashartinfolkert@gmail.com	Theo Perez Jesse Linde (M)		
Hermantown 14G	N1	Sammy Zigich	(218) 390-3074	sampipes06@aol.com	Jen Lucarelli Jillian Hogan (M)	(313) 686-6026 (218) 340-3865	jalucarelli@gmail.com Jillian.hogan1013@gmail.com

HIBBING CHISHOLM

TEAM	LEAGUE	COACH	PHONE	EMAIL	ASSITANT COACH OR MANAGER	PHONE	EMAIL
Hibbing Chisholm 10B	N2	Breanne MacMillan	(218) 966-9467	Breannemacmillan1@gmail.com	Amanda Stokes-Ciochetto	(218) 208-7758	amandastokes013@gmail.com
Hibbing Chisholm 12B	N2	Russell Schmaltz		r_schmaltz@hotmail.com	Christina Kloos	612-406-7140	cmkloos66@gmail.com

PROCTOR

TEAM	LEAGUE	COACH	PHONE	EMAIL	ASSITANT COACH OR MANAGER	PHONE	EMAIL
Proctor 10B 1	N1	Karl Kaldor	(218) 340-3938	logan4karlk@gmail.com	Eric Larson		erlarson75@yahoo.com
Proctor 10B 2	N2	Josiah Shearman	(218) 348-4626	josiah.shearman@gmail.com			
Proctor 10G	N2	Tyler Curnow	(218) 940-3151	tylercurnow16@gmail.com	Christie Ojanen	(218) 940-4574	ctojanen@gmail.com
Proctor 12B	N2	Ayla Milbridge	(218) 349-4991	ajmilbridge@gmail.com	Danica Maher	(218) 355-0989	danijom06@gmail.com
Proctor 12G	N2	Pat Deignan	(218) 591-9941	pdeignan20@yahoo.com	Chardai Hansmeyer	(218) 260-5877	keppeler218@gmail.com
Proctor 14B	N1	Will Palokangas	(218) 591-7465	willpalokangas24@gmail.com	Quinn Caya	(262) 771-9934	cuinnqaya@gmail.com
Proctor 14G	N1	Erik Holter	(218) 260-6514	emerikholter@yahoo.com	Brittany Schubitzke	(218) 428-0470	britschubitzke@gmail.com

SUPERIOR

TEAM	LEAGUE	COACH	PHONE	EMAIL	ASSITANT COACH OR MANAGER	PHONE	EMAIL
Superior 9B White	N1	Nicole Opland	(715) 816-0396	opland.nicole@gmail.com	Dylan Lonetto	715-969-6987	dlonetto92@gmail.com
Superior 9B Blue	N1	Will Bursch	(716) 397-2493	will.bursch@gmail.com	Shane McCotter Cristie Gordon (M)	2183493548 2184280794	smmccotter@gmail.com c.lynn87@gmail.com
Superior 9G White	N1	Adam Kaffel		adamk2004@icloud.com	Julia Bachand Dominic Frost	218-590-8616 715-919-4287	bachandfamily5@gmail.com Dominic.frost14@gmail.com

Superior 9G Blue	N1	Paige McGrath	(218) 391-6946	plmcgrath3@gmail.com	Katelyn Luhm Katie Sorensen (M)	(715) 829-5227 (218) 390-4967	Kmkawell@gmail.com kjsorensen3@gmail.com
Superior 10B	N1	Chris Plafcan	(320) 492-2512	viviffx@hotmail.com	Dave Lemaster (M)	218-591-3892	dave.e.lemaster@gmail.com
Superior 10G White	N1	Orlando Fertleman		Landyfert@outlook.com	Partick Herbert Josh Schlies	(218) 393-6434 (218) 428-3827	Nelsonherbert1313@gmail.com joshuaschlies@gmail.com
Superior 10G Blue	N1	Brittany Hansel Bridgette Bouvine	(937) 218-8328 (218) 576-3062	hanselbe12@gmail.com b.bouvine@gmail.com	Catherine Amys (M)	(218) 428-6892	Ms.catamys@gmail.com
Superior 11B White	N1	Justin Dittmar	(218) 590-1275	justin.dittmar@yahoo.com	Sara Shuster (M)	218-391-1566	Sara.Shuster.wi@gmail.com
Superior 11B Blue	N1	David Eastman	(218) 341-0971	Dnaeastman@gmail.com	Ben Buchs Katie Sorensen (M)	307-250-4673 218-390-4967	Bbuchs31@gmail.com kjsorensen3@gmail.com
Superior 11G	N1	Claire Hubbard	(218) 349-5212	superiorsoccer715@gmail.com	Ian Mattson Megan Liebaert (M)	(218) 590-6891 (218) 341-1970	Ianmattson23@yahoo.com Megan.liebaert@gmail.com
Superior 12B	N1	Alex Amys	(218) 428-5699	Ajamys@gmail.com	TJ Young Catherine Amys (M)	218-590-8424 218-428-6892	tyoung202@yahoo.com Ms.catamys@gmail.com
Superior 12G	N1	Jeremy Witt	(715) 456-3022	jfwitt4@gmail.com	Joe Mooney Rachael Mooney (M)	(218) 343-0310 (218) 343-4229	Jmooney@uwsuper.edu Mooneyr1085@gmail.com
Superior 14B White	N1	Nate Simonson	(218) 590-3753	nate26er@gmail.com	Nicole Simonson (M)	218-340-7941	nsimonson1111@yahoo.com
Superior 14B Blue	N1	David Eastman	(218) 341-0971	Dnaeastman@gmail.com	Thomas Bush Emily Stegmann (M)	218-213-2042 209-969-2056	tbush@baysidesuperior.org Calisteg@att.net
Superior 14 Girls	N1	Jacob Wyles (UWS)	(784) 168-9446	jacobwyles8@gmail.com	Val Poynter (M) Julie Bachand	(715) 771-9015 (218) 590-8616	Valerieanne9015@yahoo.com bachandfamily5@gmail.com